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Robin Kuniski
Calgary videographer's lighter side of city life at metronews.ca/reelmetero

Mother's Day



Make mom's day extra special with Metro's Mother's Day Gift Guide, pages 20, 22

Celebrity Buzz pg 26



Reeves dating Theron?

On the web



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Cameron Blair of Beaumont, Alta., holds his cheque at a news conference in St. Albert yesterday. Blair won a \$41.7-million Lotto Max lottery, the biggest jackpot ever won by a single person in Alberta.

That's the ticket

Edmonton-area man hits \$41.7M jackpot after losing job

JEFF CUMMINGS
for Metro Canada

One stroke of bad luck ended up being the ticket to riches for a 33-year-old Edmonton-area man, who is now \$41.7-million richer. Cameron Blair was laid off from his welding job a few weeks ago, right before he decided to try his luck at the Lotto Max's massive April 23 jackpot, buying a pair of \$11 Lotto Max quick pick tickets from a local Shell gas station.

"I found out that I had

"I found out that I had seven of seven numbers ... and then my life changed."

Cameron Blair, winner

seven of seven numbers as of Saturday morning (the day after the draw) — and then my life changed," said Blair during a news conference yesterday.

The lucky homeowner who now plans to pay off his mortgage was headed

out shopping at Costco with his mom when he found out that he had the winning ticket.

When mom discovered he had the winning ticket, Blair said he paid for her groceries.

Blair also told reporters that if he hadn't lost his job, he wouldn't have purchased the tickets.

"(Being laid off) was bad luck with the way the economy was going," said Blair, who still wants to finish his journeyman welding ticket.

"I was going to buy my

ticket to perk up my blues, to pick me up and get me through it, just to have those dreams and carry me on until school."

The Edmonton region's latest winner, who has a girlfriend, said he plans to give his money to his parents so they can retire and he intends to "live a normal life" despite the win.

Blair's jackpot is Alberta's largest-ever lotto prize claimed by one person. It's also the third-largest prize ever won in the province, said the Western Canada Lottery Corporation.

City MP named in fraud lawsuit

MORTGAGES A backbench MP for Prime Minister Stephen Harper's federal Conservatives is among those named in a lawsuit alleging a \$70-million mortgage scam at the Bank of Montreal.

Devinder Shory, MP for Calgary Northeast, is one of more than 100 people — including lawyers, mortgage brokers and staff at the bank itself — targeted in the suit, filed in Calgary by the bank.

Shory, 51, said in a statement late yesterday that he's "done nothing wrong."

The bank says it has been scammed in several schemes in Western Canada that were first flagged in a security check four years ago. It alleges the defendants found undervalued houses in upscale neighbourhoods, then paid someone a few thousand dollars to put his or her name on a mortgage application.

Documents were then forged to inflate the value of the property and fool the bank into believing the buyer had the ability to pay. Once the mortgage was approved, the fraudsters pocketed the profit and the money was sent overseas, the bank alleges.

It says the mortgages were worth \$69.5 million. The allegations have yet to be proven in court.

There have been no charges laid.

THE CANADIAN PRESS



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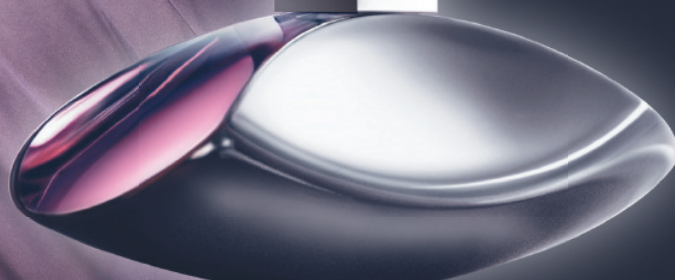
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Local



Local man cops to sex tourism rap

A Calgary man pleaded guilty in a U.S. federal court yesterday to charges of conspiring to engage in sex tourism as well as producing and distributing child pornography. John Wrenshall, 63, admitted he set up a brothel in Thailand where "sex tourists" came to engage in sexual acts with young boys on camera.

METRO CALGARY

News in brief

PACKAGE Calgary police determined a suspicious package in a building in the 200 block of 4 Avenue SW did not contain explosives. The call came in around 12 p.m. to report the package at Fifth Avenue Place. Traffic was detoured and workers in the building were evacuated from the area while police conducted their investigation.

METRO CALGARY

Following news stories on Twitter...

CalgaryTweets

@ctoverdrive

My wife just informed me that I no longer smell like computer monitor... I've been upgraded to monitor and burnt bread.

@JoanneCostello Stop snowing on my Cinco De Mayo. #yyc

@holdencalgary Westbound #YYC commuters Bow Trail. The right hand lane merges, so don't pull in that lane to get 4 cars ahead. You are causing the delay.

@saysSteve I really enjoyed following the #yyc bomb scare on Twitter today

Train passengers still reeling

LAURA FORTEY
for Metro Canada

Passengers aboard a train that struck an Edmonton vehicle, killing three people, were still shaken up by the incident when they disembarked in Vancouver yesterday.

"We didn't feel a thing (when the train hit the truck)," said passenger Andrew Martin. "They did the whole movie thing, asking if there was a doctor on board ... but didn't tell us any details."

On Tuesday morning, the Toronto-to-Vancouver train struck a truck at a level crossing protected by gates, lights and bells while going through Edmonton. John Baxter and his two daughters, Julianne Rose, 9, and Coral Sky, 7, were killed as they drove to school. None of the train's 227 passengers or staff suffered any injuries.

Police have not yet deter-



Andrew Martin and Hayley Lopes at the Pacific Central station in Vancouver yesterday. The couple were aboard the Via Rail train that hit a vehicle killing three people in Edmonton on Tuesday.

mined the cause of the crash, but speed and weather are being investigated. Martin's girlfriend, Hayley Lopes, said she initially assumed there was an emergency onboard when the train stopped.

"There was snow cover-

ing the windows, so we couldn't see much," she said.

When they got up to get a better look, Martin and Lopes said they fell back down because the train was on a slant.

"Some people saw the

car flip over," Lopes added. "A Via Rail (representative) told us the whole story and about the family before we got off."

The victims are survived by Baxter's wife, Alana, and their two-year-old son John Junior.

Ex-gangster to be questioned in shooting

JESSICA PICHE
for Metro Calgary

CRIME Calgary police will question the former gang member brother of a man gunned down Monday in the front entrance of his home.

Police identified Heng Donny Zu Zhi, also known

as Donny Tu, 41, as the man killed by a single gunshot wound around 1:30 a.m. in the entranceway of his NW Edgerridge Green home, police said yesterday.

Calgary police spokesperson Kevin Brookwell said that Tu's brother, former gang member Hui Heng (Philip) Xu, will be

questioned in the investigation.

However, the motive behind the homicide is unclear at this time, he said.

"We don't want to speculate ... or narrow the investigation to what is seemingly the obvious connection to the brother," said Brookwell.

Police do not know

whether Tu has received threats or attempts on his life previously.

The homicide unit is still investigating. The gang and drug units have not been called in, according to Brookwell.

Police do not have any suspects at this time.

Tu is Calgary's seventh homicide of 2010.

Grit MLA touts 'new way' for city

MAYORAL RACE Calgary's mayoral race just got a little more crowded, and a little more balanced.

Calgary-Buffalo Liberal MLA Kent Hehr announced his campaign plans at the Westin Hotel yesterday, touting his "New Way Forward" message.

"Calgarians need a mayor who will bring a fresh new vision to city hall, not just continue the same old ideas," his press release said.

Hehr, a born and raised Calgarian, said he would still continue on as the representative for the provincial riding, but his salary would be donated to charity.

Hehr, 40, and former lawyer at Fraser Milner Casgrain, joins Ric McIver, Paul Hughes, Joe Connelly and Jon Lord as candidates

METRO CALGARY

metronews.ca

What's online today.

Video Still no fans of seal hunts, PETA uses graphic video to urge tourists

away from Canada at metronews.ca/canada

Lotteries

Lotto 6/49: 12, 13, 15, 31, 47 and 49. Bonus 28. These results are not official.



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Draw to be held June 25 and winner notified before July 1, 2010. *Some conditions apply, please visit diabetes.ca/clothesline for details.




Calgarians won't be getting their gigantic bundle of joy as officials at the Calgary Zoo confirmed yesterday that Maharani, the 20-year-old Asian elephant, is not pregnant as previously thought. The elephant's last offspring died of a virus in 2008. **METRO CALGARY**

Rafting becomes dodgy affair

Construction pillars in river lead officials to voice safety concerns

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Bow River rafters will have to dodge a few extra pillars this summer.

A temporary structure with roughly 18 pillars has been placed from shore to shore where the future Peace Bridge will be located and the extra pillars will mean rafters need to be wary, officials say.

"We're not going to prohibit people from using the waterways but we want them to use common sense and try to avoid the structure just like they would any other structures," city transportation and infrastructure spokesperson Dave Danchuk said.

Danchuk said signs and other mechanisms will be placed for rafters warning them of the potential dangers.

"We do have booms that will help people move



Pillars burrowed into the bed of the Bow River during construction of the Peace Bridge could pose some danger to this summer's river rafters, and the city is asking boaters to take extra precautions.

away if they do come into contact. We can't have them tying rafts together because they can get tangled up and caught."

Danchuk says it will be largely up to rafters to ensure their safety, adding the city will be working

closely with the fire department and bylaw services to ensure the rules are followed.

"We will be out monitoring the water and even though tying your rafts together isn't illegal, it's strongly not recommend-

ed," bylaw boss Bill Bruce said.

Rafter Jennifer Donegal said she will assess the situation when it's warm enough to raft and says she may "just start after the pillars" so she doesn't need to worry.

Husband, wife off to Haiti for relief work

EARTHQUAKE One of her fondest memories of her son was when he bicycled from the Atlantic Ocean to Calgary to raise funds for the deaf and hard of hearing in the early '90s.

Now she has another fond memory for the record books.

Connie Lapointe is bursting with pride over son Paul and his wife, Katie, both medics with EMS and STARS respectively, who chose to join a six-person volunteer team to Haiti next week.

"The trek before meant so much to me as I am hard of hearing. And now he is giving up a week of his holidays to help the earthquake victims in Haiti," she said. "He truly is a wonderful son."

Paul said he and Katie felt it is a great opportunity to travel to Haiti to assist.

"We have travelled a lot together but now we're able to hopefully make a difference," Paul said.



Katie and Paul Lapointe are headed to Haiti to take part in medical and rebuilding work still going on in the country.

The team will spend half their time doling out medicine and providing medical assistance, and the other half will be spent rebuilding. Katie says she is excited for the trip and really wants to make a difference.

"Going with Paul makes it even more special."

The team is funding their trip to Haiti on May 14 with assistance from Westjet and Samaritan's Purse.

"The entire city has been great, everyone is so willing to help out," Paul added.

KRISTA SYLVESTER/METRO CALGARY

Rocky View MD nixes plan for 310-acre parcel

COUNCIL After hearing hours of opposition from Springbank residents, the MD of Rocky View council denied a concept proposal Tuesday for Bingham Crossing, a development planned for the area.

Both the motion to build the development and the changes to the community plan that would allow it were denied.

Debate on the two proposals lasted from 1:30 until 11:15 p.m. last night,

with 36 people speaking in opposition and five in support.

"At the end of the day with so much community input and a lack of two-way communication, they had no choice but to throw out their plans," said resident Doug Bulger.

"We people are open to having a more up-to-date area structure plan," said Bulger. "But we are looking for something that's more community driven."

Proposal

- Under the proposed plan, the 310-acre parcel of land was to be developed into a mixed-use community space with retail shops, services, offices, and green space.

"Personally I'm happy about the outcome," said Teryn Egger. "I know it wouldn't fit in with the Springbank lifestyle."

She said the decision

sends a message to developers "that the community of Springbank has a particularly strong voice and a lot to say in opposition of all these new development plans," and that future developers will have to win favour with residents.

After repeated attempts to try to reach the developer, they were unable to comment on where the project will go from here.

PETER MCCARTNEY/
FOR METRO CALGARY

Man attempts to disprove poll on World War II enlistment

IPSOS-REID Only 40 per cent of Canadians between 18 and 35 years old would have voluntarily enlisted in the Second World War, according to a study released yesterday.

But the founder of a military support website with millions of followers believes he can find contradicting numbers to challenge the Ipsos-Reid poll of 1,025 Canadians, conducted between April 27 and 30, and plans to release his own numbers in tomorrow's Metro.

"I will ask people if they would have joined then and if they would join present day and I think I will have more people who would enlist," thankasoldier.net creator Dave Murphy said.

Murphy said yesterday he would send the question out to 3.8 million people over 24 hours.

Challenge

- <http://thankasoldier.wordpress.com/would-you-defend-your-country/>

Murphy did acknowledge times have changed but he still believes Canadian patriotism is making a comeback.

"Over the past two years because of Afghanistan and support for soldiers I think a lot of people are more aware and actively involved," he said.

Kyle Chapman, 18, believes youth just have "more going on now."

"We have university and jobs and families, and I think that's hard to leave. Back then it was pretty depressing times with unemployment," he said.

KRISTA SYLVESTER/
METRO CALGARY

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News in brief

ART EXHIBIT Young Calgary artists will have their work showcased starting tonight in the 23rd Annual Exhibition of Children's Art, Out of the Blue. The exhibit opens tonight at 5:30 at the Triangle Gallery of Visual Arts.

REPORT A report by Citizens for Public Justice says Alberta was hit hardest by the recession, citing an 82.2 per cent rise in bankruptcies. "One of the clear patterns we've seen across the country is that

El was totally inadequate in responding to the depth of the recession," said report author Chandra Pasma.

HORSES Piikani Nation RCMP and Alberta SPCA have determined the death of between 20 and 30 horses found in the southeast portion of the Piikani Reserve was likely caused by recent bad weather. Other horses on the grazing lease appear to be in good overall health, RCMP say.

METRO CALGARY



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Toronto researchers have unveiled an "Enigma machine" program that can decode the messages of our genes. Like the German decoding device captured by the Allies during the Second World War, the University of Toronto program can unlock the meaning of a garbled language — in this case, the cryptic orders that direct our genetic machinery. **TORSTAR NEWS SERVICE**

Canada



Six pot plants? Go to jail

The Conservative government is reintroducing a crime bill that would impose a six-month sentence for anyone convicted of growing from six to 200 cannabis plants. More than 200 would draw a year in jail. The new bill was reintroduced in the Senate as part of the government's retabbling of tough-on-crime bills that died when the last Parliament was prorogued. **THE CANADIAN PRESS**

Europe twists Canada's arm

The president of the European Commission engaged in some public arm-twisting of the Harper government yesterday.

Jose Manuel Barroso said climate-change talks and a global financial-services tax need to be on the table when world leaders meet in the back-to-back G8 and G20 summits in Canada.

Barroso took aim at two of the Tories' steadfast foreign-policy positions.

"I think the G8 and G20 can provide important political stimulus to global climate-change negotiations," said Barroso.

"What we want is everybody to move, so I'm not going to finger-point Canada."

The Conservatives have been steadfast in saying no global agreement can be achieved without all the major emitters onside.

And Canada, the Tories say, can only bring in emissions targets in lock-step with the United States.

Finance Minister Jim Flaherty has rejected the idea of an international bank tax. **THE CANADIAN PRESS**



Environment experts say Greenland's offshore drilling plans give Canada reason to worry.

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Vancouver Having a whale of a time



A grey whale surfaces near a police boat in a Vancouver waterway yesterday. Hundreds of people gathered to watch it along False Creek before it headed to open waters a few hours later. An expert said it's likely the large whale made a "bit of a wrong turn" in its northward migration from Baja to the Bering Sea.

Stem cells a cancer risk for women?

HORMONES Toronto researchers have pinpointed the molecular mechanism that may explain why women who undergo menopause late in life face a higher risk of breast cancer.

Scientists from the Ontario Cancer Institute have found the ovarian hormone progesterone drives the production of stem cells in breast tissue, which creates an environment ripe for cancer.

"Our work establishes a direct connection between these hormones and the stem cells in the breast," said the study's principal investigator, Rama Khokha.

TORSTAR NEWS SERVICE

PETA tells tourists: Shun Canada over seal hunt

SEAL HUNT An anti-sealing video is urging international tourists to skip Canada.

It's a new salvo against the East Coast seal hunt from People for the Ethical Treatment of Animals. The one-minute video features images of seals being clubbed to death.

PETA's Dan Mathews says it's a retort to a Canadian commercial that shows a seal hopping on to a kayak as delighted paddlers squeal. It says: "Canada. Keep Exploring."

The PETA video says: "Explore Elsewhere." "We thought, 'Let's bring a dose of reality to this,'" Mathews said.

THE CANADIAN PRESS



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Warning issued about Alzheimer's patch

Health Canada is warning against misuse of the Exelon Patch, a drug patch for an Alzheimer's medication, saying that people have died. **THE CANADIAN PRESS**

canada 7

What women want

Under siege for its anti-abortion stand in foreign policy and silencing of feminist voices at home, Prime Minister Stephen Harper's government is arguing that what women really want is less crime in Canada.

"Our government has done more than any other government in the history of this country to keep women safe," says Public Works Minister Rona Ambrose, who is also in charge of the status of women in the Harper government. "We have introduced new laws to make sure that we keep rapists and murderers off the street and to make sure that we protect chil-



"This was bizarre to say the least and I can't understand the government's doublespeak on this one."

NDP Leader Jack Layton

dren from sexual predators. That is what women want."

It is a defence that opposition critics are calling strange, especially because Conservatives are also boasting at the same time about their plans to wind down the gun registry — not a popular measure among Canadian women, according to most polls.

"This was bizarre to say the least and I can't understand the government's doublespeak on this one,"

said New Democratic Party Leader Jack Layton. "There's no question that they are out of touch."

Though there has been recent talk of a "culture war" building between the Liberals and Tories, the current political fight is shaping up to be a gender war — at the centre of it is the government's recent announcement that Canada won't support abortion for women in developing countries. **TORSTAR NEWS SERVICE**

Soldier's body coming home

DEATH The body of a Canadian sailor killed in Afghanistan by the blast from a makeshift bomb, the very type of device he was in the country to defuse, has begun its long journey home.

More than 1,500 Canadian and ISAF personnel attended a ramp ceremony early yesterday at Kanda-

har Airfield for Craig Blake, a petty officer second class who is Canada's first sailor to die in Afghanistan since the mission began in 2002.

Blake's casket was loaded by his military comrades onto a plane amid a thick cloud of dust that gave the atmosphere a sepia-like hue. **THE CANADIAN PRESS**

News in brief

PROTEST Indigenous leaders from Papua New Guinea came to Parliament Hill yesterday to urge MPs to support legislation to clamp down on the practices of Canadian mining firms operating in the developing world. Members of the Iplili tribe have asked Barrick Gold Corp. to address allegations of human rights abuses at one of its mines. **TORSTAR NEWS SERVICE**

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world 9

Airlines told to amp up checks of no-fly list

The U.S. government is now requiring airlines to check the no-fly list within two hours of being notified of updates — a move aimed at preventing known terror suspects from boarding airplanes — as the man accused in the Times Square bombing attempt did.

Faisal Shahzad, who prosecutors say tried to blow up an SUV in Times Square on Saturday evening, was added to the no-fly list early Monday afternoon, only hours before he boarded an Emirates flight bound for Dubai.

When updates are made to the no-fly list, notifications are sent to airlines instructing them to check the updated list. Until now, airlines have been required to check for an updated list every 24 hours.

Effective immediately, airlines will have to check the updated list within two hours of being notified of changes, according to a



Faisal Shahzad

U.S. homeland security official who spoke on condition of anonymity because he was not authorized to publicly discuss the policy change. The official says airlines could be fined if they don't comply.

The no-fly list has been one of the government's most public counterterrorism tools since the Sept. 11, 2001, attacks. But the list is only as good as the officials who analyze it and those who match names against it.

THE ASSOCIATED PRESS

Russian goth cannibals convicted for eating teen

CRIME A Russian court has convicted two men of murdering and eating a 16-year-old schoolgirl in January.

The St. Petersburg City Court says it sentenced a 21-year-old Goth-rock musician to 19 years in a maximum-security prison.

It says his 20-year-old accomplice was sentenced to 18 years in a maximum-security prison.

The court says in a statement released yesterday that the musician lured his victim to his apartment building, where he and his friend drowned her in a bathtub and cooked parts of her body in an oven.

The men pleaded not guilty, and in earlier testimony they said they had killed the woman because they "were hungry."

THE ASSOCIATED PRESS

City council votes to sue Arizona over new immigration laws

COURTS The Tucson and Flagstaff city councils have voted to sue Arizona over its tough new immigration law, citing concerns about enforcement costs and negative effects on the state's tourism industry.

They are the first mu-

nicipalities to approve legal challenges to the law.

The Flagstaff city council voted unanimously Tuesday in favour of a resolution that says it's an unfunded mandate to carry out the responsibilities of the federal government.

THE ASSOCIATED PRESS

News in brief

LEGAL India's top court ruled yesterday that the use of a "truth drug" by police for questioning suspects without their consent is illegal and a violation of their fundamental rights, a news report said.

POPULATION Japan had fewer

youngsters celebrating Children's Day for the 29th straight year yesterday, highlighting concerns that the country may face difficulty finding workers to support a rapidly aging population.

THE ASSOCIATED PRESS

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

Mother (sometimes) knows best

Relating

Sofi Papamarko

metronews.ca/papamarko

Dear mom,

Bet you weren't expecting to read an open letter to you in my column this week.

I know you're a pretty private person and I certain-

ly don't want to embarrass you by telling all of these nice people too much about how wonderful you are. That said, I want to take this opportunity to admit a few things that I'd never be able to say in person.

Because I'm stubborn. Listen, you've been right about a lot of things over the years. You've been right and I've been wrong. Enjoy this, because I will never again concede to any of these points, either publicly or privately.

(Unfortunately, due to Mother's Day's proximity to tax time, you'll have to consider this your official present. Sorry.)

Ready? Here we go: You were right to deny us a puppy. It would have grown into a dog. And the novelty would have worn off.

You were right about piano lessons. Even though I whined and complained about practising every day, I am glad that you forced us to learn how to play. Piano

lessons taught me rhythm, emotion and patience — all things that I draw upon daily as a writer. Piano also instilled a lifelong appreciation for music. Thank you!

You were right about coasters.

You were right about mitens.

You were right about boys who aren't nice to their moms.

You were right about choosing my friends wisely. I am a better person for having chosen kind, smart,

funny, thoughtful and generous friends. Thank you for encouraging the good friendships and judiciously raising an eyebrow at undesirable ones.

You were right about washing lacy bras by hand.

You were right to be over-protective. There's a lot of frightening stuff out there and there was no need for me to be exposed to any of it before I was ready.

You were right that choosing a partner will be the most important deci-

sion I'll ever have to make. So ... let me take my time.

You were right about spinach salad. (The jury is still out on broccoli salad.)

You were right about polka dots.

You are not right at all about pairing pantyhose with open-toed shoes, but nobody's perfect.

Happy Mother's Day!
Ti milvam, Tvoeto srce

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Conversation about sex needs to happen

BroadMinded

Melinda Mattos

metronews.ca/broadminded

By now, you've probably heard about the Ontario government's attempt to introduce a new sex ed curriculum.

The revised curriculum would have seen Grade 1 students learning the proper names of body parts. It would have taught Grade 3 students to respect "invisible differences" between people, like sexual identity and orientation; taught

Grade 4 students about puberty; and mentioned oral and anal sex to Grade 7 students.

Some critics argue that the "graphic" curriculum would encourage kids to have sex earlier. But in a world where sex is used to sell everything from clothing to cars, kids are already getting that message. Shouldn't we provide some no-nonsense context to go along with the hypersexualized media they see every day? Besides, studies show that kids who are well-informed about sex tend to postpone having it.

Another sticking point is the Grade 3 mention of sexual identity. But what's got opponents' undies in a twist

is really just a quick, PG lesson about respecting differences in others.

The province's sex ed curriculum hadn't been reviewed since 1998 and, while it's cliché to say it, times have changed. Kids are hitting puberty at a younger age and they're encountering sexually charged materials earlier, too.

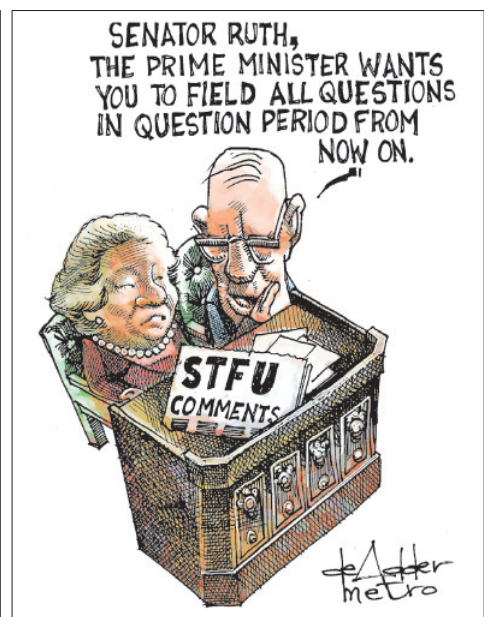
When I hear opponents say Grade 1 is too young to be teaching kids the proper names for their genitals, I can't help but be amazed.

Imagine if you went the first six years of your life without being given the proper word for your hands or feet, stuck with goofy euphemisms (your "grabby

grabber" or your "walky bits") or, worse yet, no words at all. How would you tell someone if something was wrong? How would you develop any sense of ownership? With silence comes shame and confusion.

Talking about sex isn't always easy, especially when kids are involved, but that's why it's part of the curriculum. If we want our kids to grow up to be healthy, happy adults who know how to protect and love their bodies, this conversation needs to happen — and it needs to happen early.

Melinda Mattos is a Toronto-based writer, editor and co-founder of feminist teen magazine Shameless. Visit www.shamelessmag.com



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Moody's Investors Service says BP's credit rating could face "downward pressure" because of the rig explosion and oil spill in the Gulf of Mexico. Moody's has revised its outlook for BP's rating from "stable" to "negative." **THE CANADIAN PRESS**

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Housing market to cool: TD Bank

The TD Bank says home sales will be significantly lower in the second half of this year and next — and prices are dropping too.

The new outlook is in accord with previous expectations, with the exception that TD now believes the slowdown from the current hot housing market to be sharper. The bank has kept its prediction for the number of units sold this year nationally at 475,000.

The bank says with home construction stronger than expected, the added supply will soon begin affecting prices.

The first half of this year has been hotter than expected, and the second half will be cooler, the

bank says.

TD says it had expected existing home prices next year to gain a modest 1.6 per cent, but now believes they will actually fall about 2.7 per cent on average.

The bank also says prices will drop next year in seven of Canada's 10 provinces, with the three prairie provinces breaking the trend.

It predicted the greatest pullback would be in British Columbia, at 3.4 per cent, and Ontario, at three per cent.

TD said yields on Canadian government bonds — which underpin mortgage rates — have risen faster than expected.

THE CANADIAN PRESS

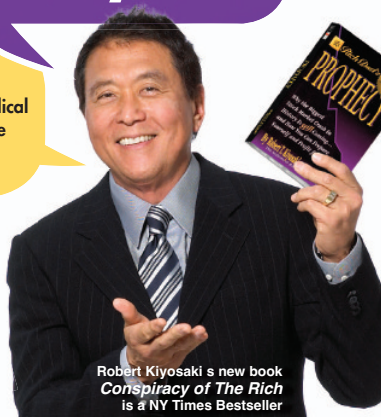
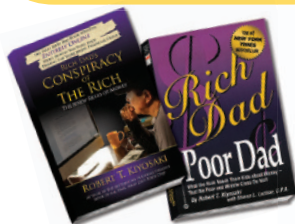
Newsweek **On sale now**



Newsweek magazine is displayed on a newsstand yesterday at South Station in Boston. The Washington Post Co. is putting Newsweek up for sale in hopes that another owner can figure out how to stem losses at the 77-year-old weekly magazine.

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JENNIFER BILL/FOR METRO CANADA

When in doubt go stainless

JENNIFER BILL
for Metro Canada

Stainless steel has long been one of the most popular themes in which to decorate a kitchen. It's modern, relatively easy to maintain, sanitary and flexible.

"It's part of a general trend with decor with a slightly more institutional and industrial look," says Margot Austin, senior design editor at Style at Home magazine. "Stainless steel adds some sheen and texture and certainly some light reflection as well."

She says bathrooms of late have also been embracing stainless steel with bathtubs and the odd toilet.

"It's funny because people think of it as a cold metal but it's very smooth. It looks different than it performs — it gives a cold industrial look but feels satiny to the touch."

Austin says stainless steel jumped in popularity when the trend of restaurant-style kitchens took off a few years ago with reality TV shows on The Food Network and chefs becoming celebrities.

"It created a fantasy world of what the ultimate kitchen is, like that of the top restaurants," she said.

Understated and elegant, the Fluted Pendant Lamp has a frilled shade of antique silver that provides a soft counterpoint to the lamp's clean, modern functionality. Anthropologie, \$288, anthropologie.com.



Left: This ornate metal Foundry Soap Dish props up slick, bubbly bars. Anthropologie, \$24, anthropologie.com.

Right: The Roving Rays classic desk lamp has a gleaming silvery shade and an arm that flexes and bends to illuminate your pages. Anthropologie, \$598, anthropologie.com.



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Check out this line of kitchenware from Urban Barn: The Axis Whisk & Ceramic Stand Set, left, in stainless steel and also ceramic, is for cooking, baking and everyday making, \$17. Lightweight and stylish, the Axis Stainless Steel Pitcher, right, is an original piece for your home for everyday use and to wow your guests, \$40. Urbanbarn.ca.

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Next week:
The second in
our three-part
Summer
Decorating
series with
India Hicks

During the warm summer months, what do you do with your empty and unused fireplace? According to style icon India Hicks (Twitter: IndiaHicksStyle), display some beautiful wood logs.

Summer decorating in style with India Hicks

DecorMoment

Karl Lohnes

metronews.ca/decomoment

We kick-off our Summer Decorating series with an interview of a woman who knows much about warm weather decor and style.

India Hicks is the daughter of famed interior designer David Hicks, second cousin to Prince Charles, '80s fashion model for Ralph Lauren, host of Bravo TV's Top Design, a hotel owner and fragrance creator of Crabtree & Evelyn's Island Night & Island Living. British-born, she lives in the Caribbean full-time and has designed three guest homes plus a hotel with timeless look that depicts summer-time living. India Hicks was visiting Canada last week and I had a chance to talk with her:

Q What are the key decorating elements for creating a summer-style house that can last throughout the entire year?

A Always try to bring elements of the outdoors to the inside of the house. Palm trees are key motifs for creating a

summery Caribbean feel and are more dramatic than say, lots of brightly coloured flowers. Dark mahogany wood floors and a light cream/white colour scheme help add to the look.

Karl's tip: Don't mix too many different wood tones in one room; if choosing mahogany floors then also choose mahogany wood-toned furniture. Keep window treatments light and breezy; white linen draperies hung from dark wood curtain rods will help create a perfect summer look.

Q What is your favorite neutral paint colour?

A My colour choices are always changing. Right now, I am surrounding myself with grey tones. I painted the floor of my porch grey and everyone thought I was crazy; it is very soothing and of the moment. Benjamin Moore's Eternity (AF-695) is the perfect grey paint colour at this moment.

Karl's tip: Don't be afraid to paint just one room in your house all white (or a light neutral like grey). It can act as a cool getaway room from all the other rich colours throughout the rest of the house.

Q What is one must-have accessory we can add to our homes

to create a summer look?

A A Crabtree & Evelyn's Island Living candle (she says with a proud smile). Its wrapped in a rattan storage box that can be used long after the candle has burnt away. I use the rattan boxes to keep pencils and brushes in my home office. You just don't just get a beautiful accessory, you also get a fragrance for the home.

Karl's tip: Make sure to choose the right type of scents throughout your home; cardamon, vanilla and orange work great in a bedroom; fresh citrus scents in a kitchen; floral scents in a living room or foyer and herbal scents in a dining area.

Q What would be an easy way to dress the inside of an unused fireplace during the summer months?

A Gather some beautiful wood logs to display. I have six perfect logs that are displayed in the fireplace during the hot weather. They get put away when the fireplace becomes operable throughout the winter months.

Karl's tip: Adding small bud vases amongst the logs during the summer months.

Karl Lohnes is passionate about good decor and wants to help you have a beautiful home; no matter what your budget or style.

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If you're thinking of adding onto your home or condo, an easy first step is adding an awning. It will save your furniture and your money. Left: This European-style retractable awning is for a patio. Prices start at about \$1800 including installation. Right: This side-arm awning is suitable to shade a window or balcony. Prices start at \$500 installed. See harmonyas.com for retailers across Canada.

Is your home or condo ready for an awning?

HomeScape

Sylvia Putz

metronews.ca/homescape

Do you remember those painted aluminum awnings that often graced suburban windows a few decades back?

Well, awnings are back big-time. They've been updated too, and many have a sleek "euro" look that I just love. Imagine a striped Paris café awning, or a large red awning gracefully shading the beer garden of a flower-bedecked Swiss Inn, and you get the idea.

Doesn't it make you want to do this at your home? The good news is that you can, even if you are in Mississauga or Surrey or Peggy's Cove.

An awning is a structure that has traditionally been used to shade a window. It

is attached to the outside of a window. It is usually made of waterproof woven material or canvas stretched over an aluminum frame.

These days, awnings can work for a number of different settings, not just for windows. You can shade a terrace, deck or patio with a large retractable awning or provide shade on a balcony or on a large vertical condo window. Ditto for a pool or Jacuzzi. You can shade a glass-topped conservatory or even set up a free-standing shade awning in your yard.

Besides shade and cooling, benefits include energy savings in indoor spaces that are shaded, and protection from sunburn, rain showers and a chilly breeze. Keeping the sun out of your home also means a longer life for upholstered and wood furniture, which will fade out under sunlight over time. Keep in mind that an awning naturally takes advantage of the fact that it is much more efficient to

cool a house by shading a window on the outside, before heat even enters the house. And finally, awnings are flexible, allowing you to attach a side flap or even install screens to keep bugs out, if desired.

And does it look sharp, or what? These awnings are a stylish and attractive addition to any home, and can add good looks to traditional spaces as well as contemporary digs. Stripes look wonderfully crisp and nautical, and red, orange or yellow canopies produce a skin-flattering warm tone.

Awnings come in several different types. You can stretch out an awning on a retractable lateral arm, going out as far as 18 feet, and as long as 30 feet. These are meant for patios or decks. A side or drop-arm awning with a roller on top and spring-loaded side arms is meant for balconies or windows.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.

metro

16

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Thursday, May 6, 2010

Boston Celtics forward Kevin Garnett is nursing a mild mid-foot sprain that has kept him out of practice. The Celtics and Cleveland Cavaliers are tied 1-1 in their best-of-seven Eastern Conference semifinal series. Game 3 isn't until tomorrow night, and coach Doc Rivers says he expects Garnett to play. **THE ASSOCIATED PRESS**

Sports



Tebow jersey top seller

Tim Tebow, left, already leads the NFL in one category: Jersey sales. His Denver Broncos No. 15 was by far the most popular on the NFL's website for April. His celebrity clearly trumps the debate over whether he will ever make it as an NFL quarterback after winning the Heisman Trophy and two national championships at Florida. **THE ASSOCIATED PRESS**

EDITOR: DON.MCHOULL@METRONEWS.CA

Bruins have Flyers on ropes

(Boston leads series 3-0)

Bruins 4 Flyers 1



Blake Wheeler, Miroslav Satan and Mark Recchi scored for Boston in a 4-1 win over the Philadelphia Flyers that lifted the Bruins to a commanding 3-0 lead in the Eastern Conference semifinal series last night.

Patrice Bergeron scored an empty-net goal for the Bruins with 1:52 left. Bruins goalie Tuukka

Rask allowed a quick goal at the start, but finished with 34 saves. The Bruins can complete the sweep in Game 4 in Philadelphia on Friday night.

Wheeler and Satan scored 94 seconds apart in the first period to wipe out the Flyers' lead, and the Bruins never looked back. They won the first two games of the series at home — and the Bruins might not play in Boston again until the Eastern Conference finals.

Arron Asham scored for the Flyers.

The Flyers' first home playoff game since April 20 had an unusual vibe

from the start. There were large patches of empty seats and the normally rocking 20,000-plus was quiet from the opening faceoff.

Perhaps they sensed something.

The Flyers did give their fans a quick jolt, scoring first when Asham flipped the puck under a sliding Rask's glove only 2:32 in. It did more than give the Flyers the first lead of the game — it was their first lead of the series. And their last one of the night.

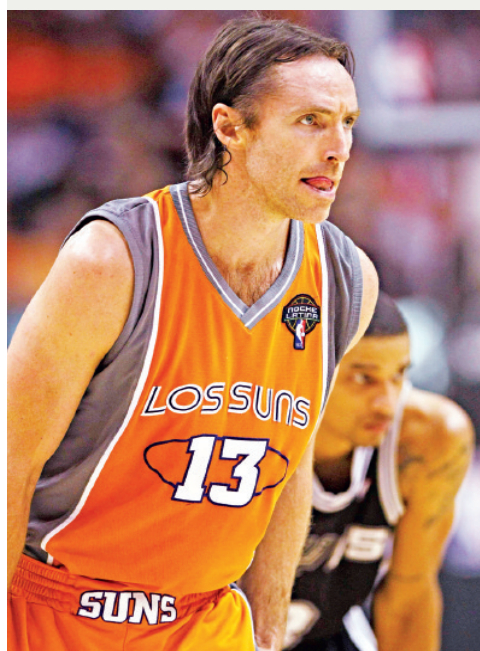
The Bruins took over from there, even as injuries forced centre David Krejci and Adam McQuaid

out of the game. Krejci was levelled on a crushing hit from Flyers captain Mike Richards that actually led to Boston's go-ahead goal.

The loose puck was corralled by Milan Lucic, who got it to Satan for his fifth goal of the post-season and a 2-1 Boston lead.

The Bruins were outshot by a 2-to-1 margin most of the game. The Flyers had plenty of open looks, but they couldn't convert any rebounds against Rask. Rask stopped all 15 shots in the second period, including two Philadelphia chances on the power play. **THE ASSOCIATED PRESS**

NBA Making a point



Phoenix Suns guard Steve Nash watches a foul shot at San Antonio Spurs guard George Hill looks on last night in Phoenix. Nash and his teammates wore 'Los Suns' jerseys on Cinco de Mayo in response to an anti-immigration law recently passed in Arizona.

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Jays complete sweep of Indians

BASEBALL Adam Lind hit a two-run homer with two outs in the ninth inning to send the Toronto Blue Jays to a three-game sweep of the Cleveland Indians with a 5-4 win yesterday.

Lind homered after Cleveland shortstop Luis Valbuena's error on a grounder that could have ended the game.

Toronto's Fred Lewis

doubled with two outs in the ninth for his third hit of the game. Aaron Hill followed with a slow roller that Valbuena botched for his first of two errors in the inning. Valbuena, usually the second baseman, has played shortstop the last two days while Asdrubal Cabrera nurses a strained left quadriceps.

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Former NBA all-star Antoine Walker is eyeing an NBA comeback. Louisville coach Rick Pitino says Walker will work out with several Cardinals over the next few weeks. Walker hasn't played in the NBA since 2008 and has suffered legal and financial woes since stepping away from the game. **THE ASSOCIATED PRESS**

Crosby contributing beyond scoresheet for Pens

The Montreal Canadiens won't complain that Sidney Crosby draws the odd questionable penalty — at least as long as the Pittsburgh Penguins superstar isn't killing them with goals.

The Canadiens have kept Crosby from scoring —

quite a feat, considering he finished with 51 regular-season goals, tied for the league lead with Tampa Bay's Steven Stamkos. Yet, despite the recent drought, the Penguins' captain has made his presence felt in other ways.

Crosby looked to be at his

thespian best as he lashed about with defenceman Hal Gill, leaning into him, drawing what turned out to be a decisive holding call with 12 seconds left in the second period of Pittsburgh's 2-0 victory in Game 3 of their NHL Eastern Conference playoff series.

Then Crosby whacked Josh Gorges on the foot as the period ended, causing a melee that saw Gorges and Pittsburgh's Kris Letang sent off.

With both members of Montreal's shut-down defence pair in the penalty box, Evgeni Malkin scored

to break the 0-0 tie at 1:16 of the third period before Pascal Dupuis added an empty-net goal in the dying seconds.

Gill, who was Crosby's teammate when the Penguins won the Stanley Cup last spring, said drawing calls is just one of the things

Sid The Kid does well.

"He's a guy that leans on you and tries to drive the net and get low and sometimes, when you hit him, he rolls off you and drives into you and he generates a lot of calls that way," said Gill.

THE CANADIAN PRESS

Americans force Game 5

WHL The Tri-City Americans took their first small step towards an improbable comeback.

Alex Pechurskiy made 40 saves and Kruise Reddick scored the game-winning goal 20 seconds into the third period as the Americans beat the Calgary Hitmen 4-2 last night to stave off elimination in the Western Hockey League final.

Game 5 of the best-of-seven series is Friday night at the Pengrowth Saddledome in Calgary. The Hitmen lead the series 3-1.

Only one team in the history of the WHL has ever won a series after trailing 3-0 — the Spokane Chiefs against the Portland Winterhawks in 1996.

Holding a 2-1 lead after two periods, Reddick scored on the power play to open the third period, and Justin Feser added a goal on a breakaway at 15:29.

Calgary countered with a goal by Giffen Nyren at 18:27, but could get not closer.

THE CANADIAN PRESS

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Lumsden done with Eskies

Jesse Lumsden's tenure with the Edmonton Eskimos has come to an end. The team released the Canadian running back after just one season. Lumsden signed with the Eskimos last off-season but injured his shoulder in the season opener against Winnipeg and didn't play again. **THE CANADIAN PRESS**

Blackhawks take the lead

(Chicago leads series 2-1)

Blackhawks 5 Canucks 2



Big forward Dustin Byfuglien scored twice on the power play and collected an assist as the Chicago Blackhawks defeated the Vancouver Canucks 5-2 last

night to take a 2-1 lead in their Western Conference semifinal.

Neither of Byfuglien's goals were pretty. Both came off rebounds during scrambles in front of Canuck goaltender Roberto Luongo.

Byfuglien was given an assist on Patrick Kane's goal on a play where Luongo was driven into his own net by Byfuglien. The Canucks argued for goaltender inter-

ference but the goal stood. Marian Hossa, who scored off the rebound of a Patrick Sharp shot early in the third period, and Kris Versteeg also notched Chicago goals.

Alex Burrows and Jannik Hansen scored for the Canucks.

Game 4 of the best-of-seven series will be played Friday in Vancouver. The series returns to Chicago for Game 5 Sunday.

The Canucks controlled much of the game but found themselves playing catchup after the Blackhawks climbed into a 2-0, first-period lead.

Byfuglien, who parks himself in front of the net like a battleship, gave Chicago a 3-1 lead midway through the second after Burrows was sent off for a foolish unsportsmanlike conduct penalty.

THE CANADIAN PRESS

Sports in brief

SOCCER Tottenham qualified for the Champions League for the first time yesterday, beating Manchester City 1-0 after Peter Crouch's late headed goal sealed a top-four spot in the Premier League. The victory ensured Spurs will finish in the top four at the expense of big-spending City.

NFL The New Orleans Saints and all-pro guard Jahri Evans have reached an agreement on a seven-year contract worth nearly \$57 million US. A person familiar with the contract told The Associated Press the deal was for \$56.7 million. The person spoke on the condition of anonymity because the financial terms were not disclosed by the club.

NBA The estranged wife of Dwyane Wade has filed suit against his actress girlfriend Gabrielle Union, saying their relationship has caused the star Miami Heat guard's two sons emotional distress. Dwyane Wade called the lawsuit "baseless and meritless," and Union issued a statement insisting the allegations are false.

NBA Kobe Bryant is on the NBA all-defensive first team for the fifth straight year. Boston Celtics guard Rajon Rondo made the first team for the first time, earning the second-most points behind the league's defensive player of the year, Orlando Magic centre Dwight Howard.

THE ASSOCIATED PRESS

SCOREBOARD

NHL PLAYOFFS

YESTERDAY'S RESULTS
Boston 4 Philadelphia 1 (Bruins lead series 3-0)
Chicago 5 Vancouver 2 (Blackhawks lead series 2-1)

TODAY'S GAMES
Pittsburgh at Montreal, 5 p.m. (Penguins lead series 2-1)
San Jose at Detroit, 5:30 p.m. (Sharks lead series 3-0)

NBA PLAYOFFS

YESTERDAY'S RESULTS
Phoenix 110 San Antonio 102 (Spurs lead series 2-0)

TODAY'S GAME
Atlanta at Orlando, 6 p.m. (Magic lead series 1-0)

BASEBALL

YESTERDAY'S AL RESULTS

Toronto 5 Cleveland 4
Boston 3 L.A. Angels 1
Chicago White Sox 9 Kansas City 2
Minnesota 5 Detroit 4
N.Y. Yankees 7 Baltimore 5
Oakland 4 Texas 1
Tampa Bay at Seattle

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Atlanta 7 Washington 6 (10 innings)
Cincinnati 5 N.Y. Mets 4 (10 innings)
Houston 4 Arizona 2
Philadelphia 4 St. Louis 0
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Mother's Day GIFT GUIDE

SPECIAL FEATURES EDITOR: SARAH.CAIRNS@METRONews.CA

Make it extra special

#1

#3

#6

#2

#4

#7

#1

For a good cuppa

Visit: chapters.indigo.ca
Bon Matin Tea Collection. Glazed porcelain, 24K gold accents, \$49.99.

#3

Frugal fashionista

Visit: oldnavy.com
This metallic Bauble Sandal is available at Old Navy for \$26.50.

#8

#6

Bright and cheery

Visit: oldnavy.com
This colourful Broomstick Dress is available for \$34.50 at Old Navy.

#4

Wrap her in style

Visit: oldnavy.com
Butterflies lend a touch of spring to this colourful scarf, \$14.50.

#5

Time to spoil mom

Visit: lush.com
The Mum Hatbox is full of seven indulgent bath and body treats, \$49.95.

#8

Sweet scent

Visit: thebay.com
This Laura Ashley ginger and lime candle is made with essential oils, \$14.99.

#10

Jungle boogie

Visit: melanielyne.com
Zebra tote with gold tassel detail at all Melanie Lyne stores, \$50.

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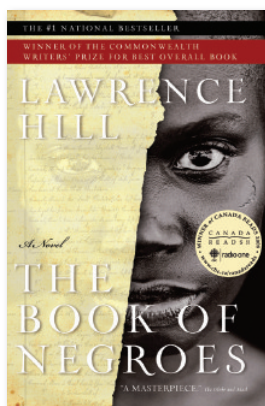


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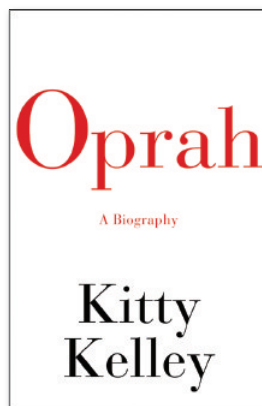
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22 mother's day gift guide



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Tickle mom's tech savvy bone



#1



#2



#3



#4



#7



#6



#5

#1 Phone home

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The XPERIA X10 in sensuous black, \$149.99 on 3-year plan at Rogers.

#2 For shutter-bugs

Visit: olympuscanada.com
FE-4020 compact camera, \$159. Available in brown, pearl white and pink.

#3 Sound decor

Visit: genevalab.com
GenevaSound S, \$349, available online or at Apple stores.

#4 Help her save time

Visit: timex.ca
The Timex elegant square watch offers a hit of drama and luxury, \$145.

#5 Print pics on the run

Visit: epson.ca
Epson PictureMate Charm is a portable printer for moms on the run, \$175.99.

#6 Make a statement

Visit: hp.com
HP Mini 1000 Vivienne Tam, \$599 at Best Buy and Rogers Rocket mobile hotspot, \$49.99

#7 Doing it all

Visit: rogers.com
All-in-one Nokia N86 8MP combines phone, camera, MP3 player and browser, \$99 on a 3-year contract.

#8 Rise and shine

Visit: thesource.ca
Sony ICFCD3IPS CD clock radio with iPod dock, \$129.99.

#8



Sublime beauty gifts for mom

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for Metro Canada

Notes of Appreciation

Guerlain Aqua Allegoria Flora Nymphaea, lush with lilac, orange and honey, \$58 at department stores; **Lise Watier Summer Neiges**, sweet with dewy lotus flower and jasmine, \$45 via lisewatier.com; **Marc Jacobs Splash** in Apple, (shown) Biscotti or Pomegranate, inspired by patisserie-shop delights, \$80 each at Holt Renfrew and Sephora.

Skin Savers

Upper Canada Fruit Frappé Dry Oil in Pear with Mangosteen (shown), fruity-fragrant and made without mineral oil; \$13 via uppercanadasoap.com.

Steam Cream, collectible tins of a soft, steamed blend of mostly natural ingredients including almond and jojoba oils (shown); \$19 at Murale.

Happy Face

The Soap Girl natural face powder with lactic acid — mix with water, milk or yogurt, depending on your skin type (shown); \$22 via thesoapgirl.ca.

Skincare

Retexturizing Activator, a potent smoothing serum that boosts moisture levels, too (shown); \$80 via 1-877-238-8754.

Origins A Perfect World SPF 25 Age-Defense moisturizer supercharged with powerfully antioxidant Silver Tip White Tea (shown); \$48 at select The Bay locations and via origins.com.

Eye Lights

Chantecaille Les Dauphins limited-edition palette of eye-shadows (and a blush), which earmarks five per cent of sales for dolphin protection



with a velvet finish; \$45, at Holt Renfrew

Lip Treats

LUSH Sugar Lip Scrub in Bubblegum, Mint Julips (choco-peppermint) and Sweet Lips (choco-vanilla), made with castor sugar and organic jojoba oil (shown); \$8.95 each via lush.ca.

L'Occitane Peony Liquid Lip Shine in Eté Indien, part of a limited-edition, paraben-free makeup range with skin-softening peony extract; lip shine \$20 via loccitane.ca.

Clarins Instant Smooth Crystal Lip Balm in Crystal Red, wax-free conditioning in a transparent, just-been-smooched hue (shown); \$27, at Shoppers Drug Mart Beauty Boutiques and department stores.

Tress Management

Ojon Revitalizing 2-Min Hair Mask, speedy, in-shower deep conditioning for busy moms (shown); \$38 at Murale and ojon.com.

Kerastase Chronologiste, a treatment that delivers superior soft, glossy locks; \$75 per in-salon session, \$150 per 10-treatment home kit (shown), 1-866-kerastase.

(shown); \$95 at Holt Renfrew.

Cheek Thrills

Mary Kay Cheek Glaze in Pomegranate, a beauty hit with omega-rich soybean and watermelon seed oils, for a perfect, natural glow on all skin tones (shown); \$20 via marykay.ca.
Giorgio Armani Blushing Fabric Second Skin Blush, sheer tints

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Manuel's runway outfits for sale

American's Next Top Model judge Jay Manuel will auction off part of his private collection of the designer looks on eBay through a partnership with Auction Cause. The auction begins next Thursday and runs until May 23. **METRO NEWS SERVICES**

Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Freestyle fashion

From the heiresses in the 1890s to the screen sirens of the 1940s — and, really, into the 21st century — it was American style icons who helped move fashion forward with new standards of beauty, sexuality, power and art, even if many of the best couturiers lived and worked across the Atlantic. The Metropolitan Museum's Costume Institute celebrates this influence in its new exhibit *American Woman: Fashioning a National Identity*. Pictured left: Evening gowns part of the "Screen Siren" collection.

THE ASSOCIATED PRESS



All stacked up

The low-down on how to layer jewelry

HEATHER BUCHAN
for Metro Canada

When it comes to the latest jewelry trend — layering and stacking — there's a fine line between looking fashionable and looking, well, junky. Here's the low-down on how to layer your jewelry like a pro.

According to Banana Republic spokesperson and trend expert Tara Wickwire, the key to pulling off the layered look is to focus on one area. "Either focus on your wrists, your neck, or your hands," she advises. "Don't do it all at once."

Another important rule is to keep your metals in the same metal family, so mix silvers and pewters or mix golds, but avoid mixing the two.

And, finally, if you're sensing that you're overdoing it, Wickwire says to start over from scratch. If you're not comfortable with what you're wearing, other people will notice and that's never a good look.

NECKLACES

When it comes to necklaces, Wickwire recommends experimenting with different lengths and sizes.



Above: Overlay stretch bracelet, \$42. Left: Greek Isle Stretch bracelet, \$73. Both available at [litasophia.ca](#)

"When you mix lengths, it looks layered but big pieces aren't competing with each other," she says.

Start with a statement piece such as a thick graphic necklace with big stones or baubles, then add complementary pieces such as a few simple gold or silver chains in varying lengths. "You can almost make them all look like one piece when you put a few together," adds Wickwire.

RINGS

"There's a number of finer small bands, bands with small stones in them, and those are definitely the ones you can have fun layering," explains Wickwire. However, keep this rule in mind: stick to layering rings on one finger.

Wearing multiple rings on multiple fingers definitely starts looking overdone and verging on cluttered.



Paloma's Sugar Stacks ring (ranging from \$1,500 to \$2,250 each), Tiffany & Co

Experiment with different coloured stones and varying bandwidths for added interest.

BRACELETS, CUFFS AND WATCHES

With bracelets, think about really adding variety to the mix. "Try mixing bangles with a chain bracelet, a small cuff and a leather piece or two," says Wickwire. "And have some fun layering your bracelets with your watch."



Add a punch of colour to your jewelry layering with the new Swatch Color Code watch collection. The watches are \$55 each at Swatch Boutiques and retailers across Canada.

With larger cuffs, Wickwire believes it's best to keep it simple and not layer them with other

bracelets. "It can otherwise become a bit distracting," she says. But, you could take a queue from the late

fashion icon Diana Vreeland and wear chunky matching cuffs on each wrist.

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Patrick Dempsey is handing in his scalpel for some heavier machinery. The Grey's Anatomy star, 44, told Brazilian reporters he has joined the cast of Transformers 3, according to website BOL Noticias. **TVGUIDE.COM**

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Cause of death

Corey Haim died of pneumonia, not drug abuse, according to an autopsy report released by the Los Angeles Coroner's office. **METRO WORLD NEWS**



Iron Man is missing in action

Iron Man 2

Director: Jon Favreau
Stars: Robert Downey Jr., Scarlett Johansson
Classification: PG
Rating: ●●●½

NED EHRBAR
Metro World News

Iron Man 2 opens not with a bang but with a whimper, as Mickey Rourke's Ivan Vanko — later to become villain Whiplash, weeps over his dying father in a cluttered Moscow apartment.

It's a big risk for an action

tentpole, but one a filmmaker like Jon Favreau can make riding a wave of goodwill after the franchise's critically and commercially successful first chapter two years ago. Unfortunately, Favreau and company spend the next two hours squandering all that good will. Not Rourke, though. As Whiplash, he's fantastic, a mostly silent supergenius with a revenge-obsessed one-track mind.

The problem is he isn't in the movie nearly enough. And his big show-down the film builds toward comes and goes far too quickly.



Robert Downey Jr. reprises his superhero role in Iron Man 2.

Another face that doesn't get nearly enough screen time is Iron Man himself. While Tony Stark (Robert Downey Jr.) is the obvious heart of the story — and while more Downey screen

time is rarely a bad thing — he's so rarely in the suit that the film's title feels like false advertising.

Also, the line between Robert Downey Jr. and Tony Stark is quickly disappearing. It doesn't help that his first two scenes in the film take place in front of an adoring audience, helpfully laughing at all his jokes so moviegoers know how charming he is.

But perhaps the film's pri-

mary problem is that it sidelines its main hero and villain, both Stark and Whiplash sequestered in their labs tinkering while supporting characters carry on without them. But among those supporting characters left to move the story without them, there are some enjoyable nods.

Sam Rockwell nearly steals the film from Downey as Stark's jealous competitor, while Scarlett Johansson proves a surprisingly good superhero as Black Widow.

Gwyneth Paltrow, on the other hand, has little to do besides look exasperated at Stark's erratic behaviour, and Don Cheadle looks more than a little embarrassed about taking over for Terrence Howard.

For Iron Man 2 trailer, screentimes and photos, visit metronews.ca/movies

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CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/6/10	267	351	- ACCESS	Alberta Primetime (Live)	(8:01) Private Practice	FlashForward (HDTV) (N)	Fringe (HDTV) (N)	Primitime			
	243	317	3 CFCN	The Vampire Diaries (N)	The Mentalist "18-5-4"	CSI: Crime Scene Investigat'n	Grey's Anatomy (N)	CTV News			
	-	-	4 OMNI	King	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Coach			
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Private Pract.			
	245	306	6 CBRT	NHL Hockey	CBC News	CBC News	Doc Zone	The Hour			
	244	338	7 CICT	ET Canada	Entertainment	90210 "Meet the Parent"	Survivor: Heroes vs. Villains	The Office (N)	"Til Death	News Hour	
	246	-	8 CKAL	Law & Order: SVU	The Marriage Ref (N)	Community (N)	Parks/Recreat	Curb-Enthsm	30 Rock	EP Daily	
	119	705	9 CBXFT	Squelettes	Gars, fille	Perdus (HDTV) (SC)	Vampires & cie (SC)	Le Téléjournal Nouvelles (SC)	TJ Alberta		
	-	-	10 SHAW	(6) Local Programming				Local Programming			
	-	372	12 KREM	News	Access H.	The Doctors (N)	Survivor: Heroes vs. Villains	CSI: Crime Scene Investigat'n	The Mentalist		
news	-	374	14 KSPS	PBS NewsHour (N)	Row Hard No Excuses	New Tricks	MI-5	Soundstage	Doc Zone		
	502	395	15 CBC	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	Marriage Ref		
	-	370	16 KHO	News	Millionaire	Jeopardy! (N)	Wheel Fortune	The Office (N)	30 Rock	News	
	-	373	22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV) (N)	Friends	Family Guy	
	297	652	37 WPX	Supernatural (HDTV) (N)	PIX News at Ten (N)	Anderson Cooper 360 (HDTV) (N)	Nancy Grace	Showbiz Tonight	The Joy Behar Show	Cooper 360	
	500	500	21 CNN2	The Joy Behar Show	Nancy Grace	SportsCentre (HDTV) (Live)	Off the Record	Boxing			
	408	402	21 TSN	NHL Hockey	(6) MLB Baseball Toronto Blue Jays at Chicago White Sox.	Sportsnet Connected (N)	Sportsnet Connected (N)	MMA Conn			
	408	418	27 net	Score Now	Score Now	Score Now	Score Now	Score Now	Score Now		
	411	457	44 OLN	Operate-Repo	Operate-Repo	Ghost Hunters	Destination Truth	Operate-Repo	Operate-Repo	Ghost Hunters	
	417	426	48 SPEED	Pinks -- All Out (HDTV)	Pinks -- All Out (HDTV)	Pass Time	NASCAR Hub	Fast Track to Fame (HDTV)	Fast Track to Fame (HDTV)	Pinks -- All Out	
family	552	543	20 YTV	iCarly	To Be Indie	That's-Weird	Family Biz	Ruby/Rockits	Hates Chris	8 Simple Rules	Family Biz
	557	541	39 FAM	Han, Montana	Wizard's-Place	Sonny Chance	Suite Life	Overruled! (N)	Han, Montana	Wizards-Place	Latest Buzz
	555	545	67 TOON	Jimmy Two	Johnny Test	Spliced (N)	Total Drama	Stoked (N)	6TEEN	Futurama	King of the Hill
	575	583	11 CMT	According-Jim	According-Jim	Home Improve.	Home Improve.	Unstable	Unstable	Amer. Funniest Home Videos	Reba
	553	546	17 TREE	Franklin	Babar	Little Bear	Toopy & Binoo	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan
	505	398	19 TWN	(5) EarthWatch One	EarthWatch One	Supernanny	Love It or List It "Elther"	Confidential	Confidential	Divine Design	
	602	568	23 W	House-Sell	House-Sell	Heavy Haulers (N)	The Imploders (HDTV)	Heavy Haulers (HDTV)	Police Women	Ult. Recipe	
	521	560	24 TLC	The Imploders (N)	Ace of Cakes	Ace of Cakes	Bitchin	Brian Bolkano	Fugitive Chronicles	The First 48	NCIS
	603	561	25 FOOD	Ultimate Recipe Showdown	The First 48 (HDTV) (N)	Fugitive Chronicles (N)	Relic Hunter	The Last Trimester (2006, Suspense)	ET Canada	What Happen?	Real Housewives, Orange
	615	520	26 A&E	Trailer Park	Trailer Park	X-Weighted "Madison"	(7:15) The Revolving Doors *** (1988, Drama), Miu-Miu	MythBusters	Law & Order "Tabloid"	Phantoms *** (1998, Horror) Peter O'Toole.	The Simpsons
cable variety	617	522	32 SHOW	Trailer Park	Trailer Park	Seinfeld	Seinfeld	22 Minutes	Corner Gas	Name Is Earl	The Simpsons
	601	562	33 SLICE	Last 10	Last 10	(7:05) TNA Wrestling (HDTV)	Re-Inventors	Re-Inventors	Ice Road Truckers "Arctic Ice"	Lost "The Candidate" (N)	InnerSpace (N)
	-	633	34 ENC2	(7:15) The Revolving Doors *** (1988, Drama), Miu-Miu	MythBusters	Law & Order "Tabloid"	Phantoms *** (1998, Horror) Peter O'Toole.	The Simpsons	South Park	Martin	
	620	505	35 DISC	(6) Cosmic Collisions	MythBusters	Law & Order "Tabloid"	Phantoms *** (1998, Horror) Peter O'Toole.	The Simpsons	South Park	Martin	
	620	505	36 BRAVO	Manufactured Landscapes *** (2006, Documentary)	MythBusters	Law & Order "Tabloid"	Phantoms *** (1998, Horror) Peter O'Toole.	The Simpsons	South Park	Martin	
	294	650	40 WPCB	Law & Order: SVU	Just for Laughs	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	
	626	547	41 COM	Just for Laughs	Walk the Proud Land *** (1956, Western)	Audie Murphy.	(9:05) Jail	EA-Gaming	Stargate SG-1	Star Trek: Next Gener.	
	-	539	42 TCM	(6) The Outsider (1961)	Walk the Proud Land *** (1956, Western)	Audie Murphy.	(9:05) Jail	EA-Gaming	Stargate SG-1	Star Trek: Next Gener.	
	628	584	43 SPIKE	(7:05) TNA Wrestling (HDTV)	Re-Inventors	Re-Inventors	Ice Road Truckers "Arctic Ice"	Lost "The Candidate" (N)	InnerSpace (N)	Star Trek: Next Gener.	
	522	516	45 HIST	V "Hearts and Minds"	Ice Road Truckers "Arctic Ice"	Lost "The Candidate" (N)	InnerSpace (N)	Star Trek: Next Gener.	Warlock *** (1959, Western) Richard Widmark, Henry Fonda.		
cable variety	627	528	46 SPACE	(6) The Outlaw Josey Wales *** (1976, Western)	Reality	What Happen?	Family Guy	Family Guy	Seinfeld	Seinfeld	70s Show
	619	525	49 TROP	Planet Soap	Comeback	House Hunters	House Hunters	House Hunters	House Hunters	House Hunters	House Hunters
	600	564	50 HGTV	House-Bryan	Real Renos	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	501	391	52 CTV	CTV News Tonight	Business News	Commodities	Market Call Tonight	Psychic Amy	Encounters	Judging Amy	
	504	508	70 BNN	Squeeze Play	Cold Case (Part 1 of 2)	Call of the Wild "The Attack"	My Queen	Immortal Yi, So	Bono and the Edge	Vancouver	Shaktimaan
	268	507	92 VIVA	Medium "Four Dreams"	Call of the Wild "The Attack"	My Queen	Immortal Yi, So	Bono and the Edge	Vancouver	Shaktimaan	
	269	503	93 APTN	Wapos Bay	By the Rapids	World News	World News	World News	World News	World News	
	-	94	94 CMC	World News	World News	World News	World News	World News	World News	World News	
	571	581	100 MPM	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Video on Trial	
	570	580	101 MM	MuchMusic Ctdn	Nitro Circus	Ultimate Parkour Challenge	Nitro Circus	Ultimate Parkour Challenge	Nitro Circus	Ultimate Parkour Challenge	
cable variety	581	566	102 MTV	Nitro Circus	Ultimate Parkour Challenge	Nitro Circus	Ultimate Parkour Challenge	Nitro Circus	Ultimate Parkour Challenge	Nitro Circus	
	-	116	TV5	Envoyé spécial	Geopolitis	Le Voile révélateur	TV5 Le Journal	(9:35) Arte reportage	Partir autrement		

critics'corner

The Office

A suspicious Michael (Steve Carell) thinks his girlfriend, Donna (guest star Amy Poehler), is cheating on him and asks Dwight (Rainn Wilson) to investigate. Andy (Ed Helms) becomes frustrated when no one takes his customer's complaint seriously in the new episode "The Cover-Up." John Krasinski and Jenna Fischer also star. 10 PM on CICT, KHQ



Manufactured Landscapes

You may never look at an oil rig, a tire dump or a set of railroad tracks the same way again after seeing the work of Edward Burtynsky. In this documentary, filmmaker Jennifer Baichwal follows the Ontario-born photographer to China, where he turns his lens on the Shanghai cityscape, giant factory floors and the enormous Three Gorges Dam, finding a strange beauty in the man-made and mundane. 7 PM on BRAVO

AlbumReviews

music@metronews.ca

Broken Social Scene

Album: Forgiveness

Rock Record

Label: Arts & Crafts

Rating: ●●●●½

CANADA'S INDIE BRAIN

trust returns with its everything-plus-the-kitchen-sink approach to alternative rock. Last time 'round (it was 2005), the extended musical family brought together by Broken Social Scene chief instigators Kevin Drew and Brendan Canning often sounded like siblings bickering across the Thanksgiving dinner table. At times, it was little more than frayed cacophony. All is forgiven, however, at Forgiveness Rock. The indulgent excesses remain — why use 22 musicians when there's 22 available, or one synthesizer when there's four in the studio, or just Feist when you can have Emily Haines and Amy Millan, too? Nonetheless, the 14 tracks here are carefully sculpted aural pleasures. Collectively, they're as close to a Canrock masterpiece as you can get. **Graham Rockingham/for Metro Canada**

The New Pornographers

Album: Together

Label: Last Gang

Rating: ●●●●

INDIE KIDS

WOKE up this week to find themselves smiled on by the rock gods. New releases from both Broken Social Scene and The New Pornographers in the same week? While BSS is a contender for "masterpiece" distinction, the NPs fall just short. The power chords and bits of Beatlesque psychedelia are in all the right places while Neko Case sings with girlish charm and A.C. Newman injects his twisted sense of mirth. And perhaps this is the problem. There's just a few too many nods and winks going on here, almost as if they're afraid of taking themselves too seriously. But maybe that's the whole point? Why else would you write a song called Valkyrie in the Roller Disco? **Graham Rockingham/for Metro Canada**

Top Chef judge named ... America's top chef

Top Chef judge Tom Colicchio, whose numerous restaurants include Craft, Craftsteak and the recently opened Colicchio & Sons in New York, passed a quickfire challenge of his own Monday when he was named the top chef in the U.S. by the James Beard Foundation. **THE ASSOCIATED PRESS**

entertainment **25****Urban Foodie**

●●●●● INSPIRED; ●●●●● VERY GOOD; ●●●● PALATABLE; ●●● HO-HUM; ● NEVER AGAIN

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Calgary, (403) 243-7970

Rating: ●●●●½

Dinner for two with drinks: \$45

Signature Dish: All you can eat BBQ

Signature Drink: Soju

Seoul Korean BBQ has one of the best setups in the city for well, what its name implies. Natural gas grills are set into each table so you can barbecue delicious marinated meats right in front of you. For

On the web

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the kids this was a lot of fun.

The staff are diligent in changing the grill cover at any hint of charring, keeping the cooking entertainment going under powerful exhaust fans.

Alternatively, you can have the kitchen do the barbecue so you don't have to roll up your sleeves.

Marinated beef short ribs (\$15.99) are packed with flavour, while the marinated chicken bulgogi

(\$13.99) is tender and has a slight spicy kick.

Banchan (complimentary side dishes) adds texture to the meal: Mouth-watering kimchi (spicy pickled cabbage), crisp cold bean sprouts, fried potatoes and crunchy turnips.

But the menu goes far beyond just barbecue, featuring seafood hot pots, noodle soups and lunch specials.

Japche (\$15.99) is a versatile plate of chewy, stir-fried potato noodles (the key is not allowing them to clump together) with shredded meat, spinach, onion, carrot, and mushroom. You can eat it hot or cold, as a main or a side



Banchan (side dishes) of kimchi, bean sprouts, fried potatoes and turnips.

over rice.

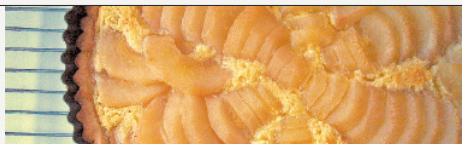
Meat-lovers should mark

their calendars for Seoul's all-you-can-eat BBQ

(\$24.95) nights on Tuesday and Thursday.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of June's Lazy Buns.

**In brief**

TREAT FOR MOM Get a free massage for mom on Saturday 10 a.m. to 3 p.m. at the Calgary Farmers' Market (Currie Barracks) on the upper mezzanine level.

MOTHER'S DAY Try some new places to take your guest of

honour for Sunday brunch. The Calgary Zoo (\$36.95), the Naturbahn Teahouse at Canada Olympic Park (\$24.95), and the Stampede Casino (\$10.95) are taking reservations for Sunday.

ANDREE LAU/FOR METRO CALGARY

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blind date

FEATURE SMOOTHIE

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It seems Heidi Montag's 13 plastic surgeries weren't enough, after all — Spencer Pratt says his wife wants to enlarge her breasts again, the new issue of Life & Style reveals. **METRO NEWS SERVICES**

Celebrity Buzz

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Sheen stepping down as dutiful daddy?

MAY AS WELL MAKE IT LEGAL Charlie Sheen has reportedly surrendered custody of his daughters, female-first.co.uk reports.

The Two and a Half Men actor signed a written agreement two weeks ago to give ex-wife Denise Richards full custody of six-year-old Sam and four-year-old Lola, to replace the shared arrangement they currently have.

Gossip website TMZ reports the actress wanted full legal custody due to

her former spouse's current marital problems with wife Brooke Mueller, his struggle to stay sober and the criminal charges he is faced with following his arrest for allegedly attacking Brooke last Christmas Day.

Although Sheen willingly signed the documents, they have not been filed with the court yet. The agreement means Richards, 39, can now make medical, schooling and other important deci-

sions regarding the children's welfare — including taking them out of the country — without Sheen's approval.

Sheen — who has 13-month-old twins Max and Bob with Mueller — is currently living away from his family but the couple recently stated they have no plans to divorce and want to save their marriage for the sake of Max and Bob.

METRO NEWS SERVICES

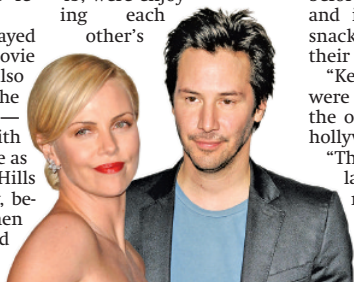


Be excellent to each other

AND SO THEY WERE Charlize Theron has been spotted kissing Keanu Reeves, reports British website femalefirst.co.uk

The pair — who played lovers in 2001 movie Sweet November and also starred together in The Devil's Advocate — stunned onlookers with their intimate embrace as they left a Beverly Hills restaurant on Monday, before breaking apart when they realized they had been spotted.

A fellow diner at upscale eatery Bouchon revealed Theron, 34, and Reeves, 45, were enjoying each other's



company and seemed in no hurry to end their date, tasting several red wines before selecting a bottle and indulging in several snacks before starting their meal.

"Keanu and Charlize were having a great time," the onlooker told website hollywoodlife.com.

"They were constantly laughing, almost disrupting other tables with how loud they were."

METRO WORLD NEWS

Wanted: Fact checkers for Hollywood

A QUICK IMDB SEARCH GOES A LONG WAY Julia Louis-Dreyfus almost had the unveiling of her star on the Hollywood Walk of Fame ruined by some poor spelling, with her tile mislabeled as "Julia Luis Dreyfus."

A CNN producer, David

Daniel, noticed the error and contacted the committee in charge. "It



turns out Louis-Dreyfus thought the mistake was hysterical, and wanted them to leave it, but they'd already chiseled out the 'Luis' and put a temporary 'Louis' in its place for the unveiling," Daniel says.

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

JUSTIN BIEBER doesn't want people thinking he's stupid, **ELIZABETH BANKS** is getting superstitious, **AMY WINEHOUSE** has a warning for her London neighbours, and **JEREMY PIVEN** knows he's been acting odd. @justinbieber because I thought this interviewer in NZ said "Jewman" instead of "German" people think I don't know what German is? @ElizabethBanks Spilled salt at lunch and just accidentally walked under a ladder (while texting). If I see black cat, then I'll know I'm really in for it. @amyjademermaid king and queen of Camden town are coming home. @jeremypiven Ok for the record if u see me walking in circles and mumbling I'm just preparing so have mercy.

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TOP 5 DOCTORS RECOMMENDED BY METRO READERS

DR. DEVIN NIELSEN

"Well respected Sports Med. doctor in Banff where the practice there is renowned."

DR. LISA RETZER

"She is so caring, thorough and personable; I cannot imagine a better doctor to have for my loved ones."

DR. BOB WO

"Very good and knowledgeable."

DR. JIBB

"Best I've been to - you will need a referral though."

DR. STEVE BOWEN

"Great general physician all around."

NEXT WEEK'S TOP 5 — WEB DESIGNERS

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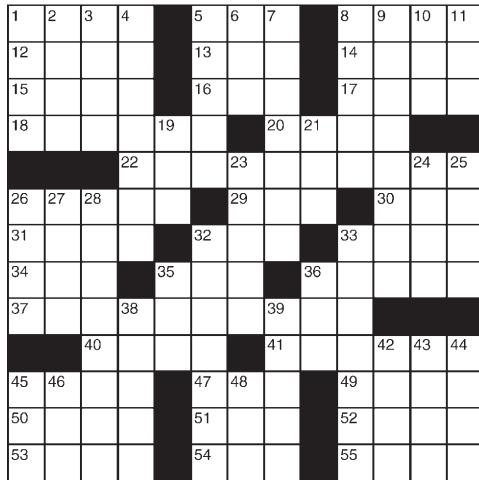
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WEEKDAYS AT 6 A.M.



ACROSS

- 1 Pleased
- 5 Docs' org.
- 8 "That's a relief!"
- 12 Staffer
- 13 Restroom, for short
- 14 Emanation
- 15 Paper quantity
- 16 Monokini's lack
- 17 Despot
- 18 Department
- 20 Clock sound
- 22 Redundantly named money dispenser
- 26 Disposed (to)
- 29 Weep
- 30 Veto
- 31 Knocks
- 32 Sleepwear, briefly
- 33 Wrinkly citrus
- 34 Prior night
- 35 Twosome
- 36 Beginning
- 37 Redundantly named IDs for 22-Across
- 40 Profound
- 41 Meal

- 45 Reed instrument
- 47 Documentarian Burns
- 49 Always
- 50 Crucifix
- 51 "Impossible"
- 52 Infamous lyre player
- 53 Prevents
- 54 Writer Hentoff
- 55 Salver

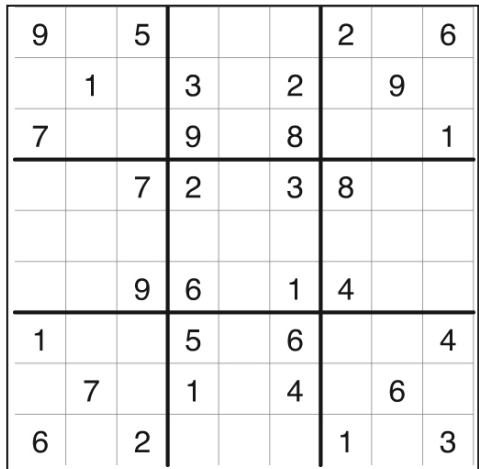
DOWN

- 1 Apparel
- 2 Stead
- 3 Hebrew month
- 4 Lowers in status
- 5 Book of photos
- 6 Scratch
- 7 Internet forum icons
- 8 Keep an eye on
- 9 Corn farmers' socials
- 10 Mound stat
- 11 Ares' realm
- 19 Chowd down
- 21 Unfriendly
- 23 Low-pay, low-skill work
- 24 Shade of green

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

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Take Five

Metro Recipe of the Day



Pecan Crusted Red Snapper

Recipe Developed by Paula Bowman
Photo: Carlo Mendoza

PREP TIME: 10 MINUTES
COOK TIME: 15 MINUTES

INGREDIENTS:

- 2 tbsp olive oil, plus more for greasing pan
- 3/4 cup pecans, toasted
- 1 tsp rosemary, finely chopped
- 1/2 tsp kosher salt, plus more for vinaigrette
- 1/4 tsp freshly ground black pepper, plus more for vinaigrette
- 1 tbsp dijon mustard
- 4 (5-6oz) skinless red snapper fillets

METHOD:

1. Preheat oven to 425°F. Line a rimmed sheet pan with tin foil and lightly grease with olive oil. Set aside.
2. In a food processor, pulse nuts until ground. Transfer to a shallow bowl and toss with rosemary, salt and pepper and set aside.

3. In a small bowl, combine mustard and 1 tablespoon olive oil and stir until well blended. Place fish on a flat surface. Divide mustard mix evenly and spread over the top side of each fillet. Working with one fillet at a time, place fish, mustard-side down into the reserved pecan mixture and coat evenly. Transfer fillet to prepared pan, pecan side up, and continue with remaining fillets. Bake in oven until top is crispy and cooked through, about 8 to 10 minutes.

SERVES 4

• Serve this recipe with Carrot Vinaigrette Salad and Sesame Roasted Potatoes with Cucumber Dip. Find the recipes at 20minutesupperclub.com/metro.



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
Focus on your aims and ambitions today. You don't have to do anything specific but you must think deeply about what it is you hope to achieve.

TAURUS
APRIL 21-MAY 21
You don't have to put other people's interests ahead of your own. You don't have to miss out on a good time just because friends are finding things tough.

LIBRA
SEPT 23-OCT 23
You never met a shop window you did not like and the temptation to splurge is strong today. Go on a spree if you must but leave something in reserve.

SCORPIO
OCT 24-NOV 22
By all means help a friend or work colleague get something done today but don't do everything for them. Give them the push they need.

GEMINI
MAY 22-JUNE 21
If certain things are going out of your life it can only be because you no longer need them. Other, better things will soon be along to fill the gap.

SAGITTARIUS
NOV 23-DEC 21
Today there is a danger you will do too much for loved ones and not enough for yourself. It's okay, even desirable, to be selfish occasionally.

CANCER
JUNE 22-JULY 22
If a decision you made recently turned out to be wrong there is still time to put things right again, but you've got to be quick.

CAPRICORN
DEC 22-JAN 20
You will find it much easier to explain to partners and loved ones what it is that's been worrying you.

LEO
JULY 23-AUG 23
You seem to be thinking about faraway places and how nice it would be to see what is beyond the horizon. By what just think? Why not do it?

AQUARIUS
JAN 21-FEB 18
Others can criticize as much as they like but you must maintain an optimistic outlook. It's the positive people who make the world a better place.

VIRGO
AUG 24-SEPT 22
Go out of your way to thank someone who did you a favor recently. Your act of appreciation will make a big impression.

PISCES
FEB 19-MARCH 20
If you have got something arduous planned you are strongly advised to cancel it. You just won't have the energy or the motivation to make a success of it.

This day in history

- 1682: Louis XIV of France moves his court to Versailles.
- 1889: The Eiffel Tower is officially opened to the public at the Universal Exposition in Paris.
- 1937: The German zeppelin Hindenburg catches fire and is destroyed within a minute while attempting to dock at Lakehurst, N.J. Thirty-six people are killed.
- 1940: John Steinbeck is awarded the Pulitzer Prize for his novel *The Grapes of Wrath*.
- 1954: Roger Bannister becomes the first person to run the mile in under four minutes.
- 1999: First elections to the devolved Scottish Parliament and Welsh Assembly held.

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Whether you are checking in to your flight, finding a hotel room or renting a car, there's an app for just about anything. Only on the iPhone.

